

UNDER 4

for players 2-3 years of age, focus on player coordination and comfort with the ball through fun games and frequent ball touches. Along with basic dribbling skills, players will be introduced to the game.

UNDER 6

for players 4-5 years of age, focus on player coordination and comfort with the ball through fun games and frequent ball touches. Along with basic dribbling skills, players will be introduced to the game and taught to play in 3v3 and 4v4 scrimmages.

UNDER 8

for players 6-7 years of age, focus on more advanced fundamental training and rule understanding. Under 8 teams focus on parts of the foot used in dribbling, passing, and shooting. Players will also be introduced to dribbling maneuvers, field awareness, basic defensive techniques, corner kicks, goal kicks, and throw-ins. Players will have the opportunity to demonstrate these skills in 4v4 and 5v5 games



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LOUISVILLE SOCCER

LSA DEVELOPMENTAL PROGRAM



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PROGRAM OVERVIEW

Our Youth Development Program is designed to introduce young players to fundamental skills and rules of the game. We strive to create an environment that encourages player creativity and success, as well as nurture player confidence and skill development. We believe that it is equally important for young soccer players to develop a love for the sport as it is to develop the skills of the game.

OUR MISSION

Louisville Soccer is a non-profit organization that fosters a love for the sport of soccer. We strive to develop athletes, of all ages, physically and mentally, in order to bring each player to their peak individual potential in a team atmosphere. Louisville Soccer's diverse and highly qualified coaching staff welcomes players of all races, cultures, and economic backgrounds to one of Louisville's most dedicated athletic clubs.
